





Contents	3	Internship	6
Success Formula of the Klitschko Foundation	7	Diana Mukha, Intern	63
Wladimir Klitschko, Founder of the Klitschko Foundation	9	Valerii Yaroshchuk, Intern	6
Alina Nosenko, Director of the Klitschko Foundation	11		
		Sports	
Education			
		Success Packages	69
School of Success	15		7
Astron Malacala I. Danifata and	17	Ihor Soroka, Teacher	7
Anton Melnychuk, Participant	17 19	Svitlana Repalo, Teacher	73
Anastasiia Dombrovska, Participant			
Dmitrii Pronin, Mentor	21 23	Start to Success	7!
Olena Orel, Participant's mother	25 25		7
Volodymyr Kovach, Participant's father	25	Dmytro Kryzhanivskyi, Manager	7
		Yurii Yaskal, Deputy Principal of the Brovary Higher School of Physical Education	7.
Zero Waste School	27		
Myroslav Bur, Participant	29	International cooperation	
Vadym Hrabovskyi, Teacher	31		
Vanda Ivasiuk, Principal	33	Study Visit for Grassroots Trainers	79
Anastasiia Shevchuk, Mentor	35		
Olesia Zhulynska, Public Relations Director of The Coca-Cola Ukraine	37	Vasyl Teremta, Manager	8
		Rafal Nokon, Representative of Towarzystwo Sportowe Iron Man	8
Realms of the Future	39		
		OKHMATDYT-Lviv	83
Yehor Hunia, Participant	41	Yuliia Pekar, Manager	8
Olena Kurnytska, Participant	43	Mykhailo Ivaniv, Deputy Chief Physician of Lviv Regional Clinical Hospital for Children 'OKHMATDYT'	8
Yuliia Tychkivska, Executive Director of The Aspen Institute Kyiv	45	Trykhalio Ivaniv, Deputy Chief Frigsician of Eviv Regional Clinical Hospital for Children Cikin IATDT1	O.
Challenge Academy	47	Community development	
Bohdan Haltsev, Participant	49	Cooperation with EVS	89
Svitlana Kukharuk, Participant	51 	Occurs Flotokow Valumtoom of FVO	0
Yuliia Sova, Mentor	53	George Fletcher, Volunteer of EVS	9
Jugend debattiert	55	KF-Hub	93
	57	Olena Berdnikova, Trainer	9!
Maryna Dmytryk, Winner of the contest	59	otona Borannova, Trantor	
Vita Tymchenko, Project Manager			
		Financial report	97
		Contacts	10 ⁻

FIGHT FOR YOUR DREAM!

Wladimir Klitschko Viktor Kolesnyk

> Deputy Director

Dmytro Kryzhanivskyi

> Project Manager

Volodymyr Andriievych

> Project Manager

Yuliia Pekar

Project Manager George Fletcher

Volunteer of EVS

Nataliia Druhak

Public Relations Manager Mariia Palyvoda

Public Relations Assistant

Alina Nosenko Valentina Shurubura

Chief Accountant Vasyl Teremta

Project Manager Ihor Yefymenko

> Project Assistant

Alina Oleksiuk

Project Assistant Sofiia Tarasiuk

Public Relations
Assistant

Success Formula of the Klitschko Foundation

The Klitschko Foundation is a charitable organization that is developing civil society in Ukraine. By the means of non-formal education, teens and students gain the skills essential for the 21st century. They learn how to follow a healthy and eco-friendly lifestyle, take part in the international exchange programs, and learn to apply project-based approaches in life, studies, and future careers. The projects' participants organize educational events for their peers and therefore become the ambassadors of changes in their hometowns.

Our projects are aimed at young people — teenagers and students aged 14-20. At this age people decide what they are going to do upon graduation from high school. Soon thereafter they will choose a place to work and get their first job experience. We also encourage the people around our participants to change — their friends, family, and teachers.

Our participants are boys and girls who have a dream. On their way to achieving it, they make efforts, become brave and confident, and fight for their goals. Teenagers are changing their lives

and striving to be a part of big changes in the world. They understand that their main challenge in the fight for their dream is self-doubt, laziness, procrastination, and a comfort zone. Instead, discipline, courage, and determination become their allies. These teenagers do not wish to settle and simply accept any conditions they live in – they seek to make the world around them better, so they do not shy away from challenges. They are eager to improve themselves every day and share their knowledge to drive the changes around them.

The Klitschko Foundation shares the Sustainable Development Goals and strives to implement them through our projects:

- Health and Well-being;
- Quality Education;
- Gender Equality;
- Decent Work and Economic Growth;
- Sustainable Cities and Communities;
- Responsible Consumption and Production;
- Climate Action;
- Partnerships for the Goals.

We believe that a country can only be successful when each individual has a dream and works hard to make it happen.





Wladimir Klitschko

Wladimir Klitschko, the Founder of the Klitschko Foundation, on the importance of changes, personal responsibility for the future and values

16 years ago, my brother Vitali and I established the Foundation with the aim to help children in Ukraine be fit and active. Today, the Klitschko Foundation runs several different projects, which go even beyond Ukraine, in such fields as education, active citizenship, healthy lifestyle, and cultural exchanges. Our approaches to charitable activities, projects, and programs have changed over time, but one thing has always been the same — the dream that the Foundation was built upon. My brother and I wanted to teach every teenager to face any challenges that life may bring.

Teenagers are the country's potential for future development. Therefore, it is important that our projects encourage them to think globally, act locally, and take care of the environment. Building a pro-active social attitude of teenagers is a prerequisite for creating a future generation of responsible leaders. That is why we pay great attention to the sustainability of our programs, always striving to provide the environment for the ongoing development of Ukrainian youth, especially those living in small towns and villages, by motivating and teaching.

For us at the Klitschko Foundation, it is of great importance that our projects meet the current time and society demands, and deliver exactly what people need. We raise topical issues, and the best evidence of our effective work is the feedback from participants themselves, their teachers, and parents. The most rewarding thing for us is watching how the participants

implement their local projects, share the experience with others, inspire and bring together school communities, gain new skills, and take responsibility for their lives.

When selecting the participants for our projects, we take into account the gender and geographical balance – in such a way, we show how great and versatile our country is, and bring together young people from all corners of Ukraine, promoting mutual understanding and cooperation. A great example of this could be the introductory assignment on values, which our participants take at the beginning of projects. It always proves that it doesn't matter where they all come from - the east or west of Ukraine, from Germany or the United Kingdom. The 'top 5' values of most participants are the same: self-realization, family, friends, love, and health. With each of our projects we prove that it's not a coincidence, we just bring together the people with shared values. After the projects, many of our participants stay friends; they create projects and startups together based on common values. And as long as there are people who are willing to learn and drive changes in their communities, the Foundation will keep up its work.

Focus, agility, coordination, and endurance are the secrets of our success. Vitali and I know this from our own life and sports experience. We are planning to continue our activities in this direction and stay up to date with the interesting topics for young people and the skills they need to be ready for the adult life ahead of them. Ukrainian teenagers have something to share with the world and even teach us, adults; and we are ready to support them with our projects providing a safe environment for their creativity, so they are not afraid to make a mistake. This is important for us to fight for an active childhood and equal opportunities for young people!

Alina Nosenko

The Director of the Klitschko Foundation on the key achievements, milestones of 2019 and the plans for the following year

2019 for the Foundation was marked by volunteering activities and growing trust. First of all, this year is special for us due to an agreement with the European Commission, which made it possible for George Fletcher, a volunteer from England, to join the Foundation.

In 2019, the Klitschko Foundation ranked fourth in the ranking of Ukrainian charitable foundations by visibility. We are so proud of it, as we believe this is a great acknowledgment of our usefulness and credibility. Another achievement of this year is introducing the unified concept of all the Foundation's projects: study and practice. Therefore, first, we teach the project participants and then help them to implement their local projects. In all our projects we include home assignments focused on developing critical thinking and teamwork skills. These are of key importance in today's world.

Participants of the School of Success, Realms of the Future, Zero Waste School and Challenge Academy have successfully organized their local projects. The secret of these projects' success and their positive effect on the local communities is in the combination of the local atmosphere and the content we deliver.

We also celebrated an anniversary – the 10th group of interns graduated in 2019. The internship program has changed a lot over 5

years, gradually expanding to include topicspecific modules and adjusting to the needs of the time at the requests of interns themselves. We do learn from each other – interns make us realize that old approaches don't work and propose new ideas, which we implement together.

Furthermore, this year saw the updated format of the Success Packages project. The project has already been implemented before, but its scope was limited to simply providing sports equipment to the physical education teachers. Then we realized that in such a way it is hardly possible to change something without influencing thought processes, so we added theoretical and practical modules to the project.

Next year we are planning to strengthen our cooperation with the European Union and the European Commission. Moreover, we aim to further promote the UN Global Goals within our projects by 2030.

In 2020, we will move even further in online education, as the teachers and children inspired by us require further cooperation. Therefore, next year for us will be marked by using both online and offline tools. One of our points of focus will be the projects related to our graduates: how to educate them further, how not to lose their ties with the community and with us. Graduates often say that the Foundation has become a family for them. For me, these words are just pure joy. Therefore, we will keep expanding and strengthening our family — the Klitschko Foundation.





School of Success

School of Success is a 10-day educational project for teens, who want to become socially active. The project aims to provide them with knowledge and skills relevant in the 21st century.

The project mission is to teach teens to be the community leaders driving changes in their own lives and their local communities.

Our results in 2019:

9 years of the project

2022 applications received

100 children took part

100 alumni organized local projects

More than **3000** teens participated in local Schools of Success



The project was implemented with the financial support of the German foundation 'Ein Herz für Kinder'.

Anton Melnychuk

Participant on how to become the CEO of your own life

Anton has always strived to develop and is always looking for different opportunities. His parents have always been helpful and supportive. Once he applied to competition for school students but did not qualify for the finals. However, he was not the type of person who gives up easily. He decided to find out why he could not make it and asked his fellow who was among the winners. It turned out that Anton's friend previously took part in the School of Success. Anton googled the project and felt determined to try it too.

As he recalls now, it was the application stage that helped him to understand himself better and identify his strengths.

He carried on discovering himself throughout ten busy days of the School of Success. Anton has also made some good friends among the other participants of the project. One of the most remarkable moments was meeting Wladimir Klitschko in person.

'I was friendly and open to everyone there. I didn't feel any pressure of rivalry. After all, we were doing it not for the first place, but our future and experience. We all had a common goal — to organize local Schools of Success.'

Anton came back home a different person.

'School of Success has changed my life. Now I believe in myself more. After the project, I started to read books with great interest – before that, I was rather reluctant about reading. I just can't go back now.'

The main change Anton noticed after the project was the willingness to take responsibility. For him, it was one of the main signs of growing up. More discipline, a strong sense of duty, fewer thoughts about his comfort zone. Having this in mind, he began preparing the Local School of Success. The most difficult part of the process was searching for funds and participants. And then Anton decided to organize an open-air screening of a movie in the schoolyard. He set the entrance fee and sold treats during the event.

The next challenge was to find the participants for the project. Anton remembers that a lot of people were interested at first, but they were somehow demotivated by the need to fill in an application form. However, Anton has managed to find a solution – together with the team, they put a banner on school grounds, arranged a registration point with a laptop and speakers, and thus encouraged people to register. This strategy worked: all 30 registered participants showed up.

This is how Anton successfully held his first own project with support of the like-minded people, having overcome all the difficulties he faced.





Anastasiia Dombrovska

Participant on how to handle the most difficult homework

In the winter of 2019, Nastia decided to apply for the School of Success. She believed she had the necessary potential because she had already taken part in different training and a local School of Success, was a host of school events. 'I thought that it would be good to apply anyway. It'd be a small victory for me,' she says.

And she was right — she was shortlisted for the participation. The project offered her a fantastic opportunity to meet many like-minded people, and common interests brought all participants together. The new environment taught the girl to open up. Besides, Nastia learned a lot and gained new skills, including project management and motivation.

Upon arriving home, her parents first noticed how their daughter had grown up as a personality. 'You've changed so much!' — that's what she heard from everyone. And Nastia herself noticed that she had become more serious-minded.

'The Local School of Success was the best homework I could ever get. We got a chance

to practice everything we've learned during the project. At the same time, it was rather challenging for me to organize my local school,' says Nastia.

One of the skills that she got to develop while preparing for the Local School of Success was negotiating. When she first telephoned to arrange the transport for participants, she prepared a detailed conversation plan. And after the very first call, she was able to communicate smoothly and confidently with everyone, including the head of her native village Znamianka Druha, which is in the Kirovohrad region.

She realized that if she had a team of fellow thinkers, she could change both herself and others. She began to learn to work in a team, not claiming to be the leader but working on a par with others.

Now Anastasiia Dombrovska is in the 10th grade. She used to be afraid of thinking about her future profession since it is an important life choice for her. But not anymore – after the School of Success the fear vanished. 'Even if I make a mistake, I'll have the strength to start it all over again,' – that's Nastia's new life motto.

Dmitrii Pronin

Mentor on how he found ten brothers thanks to the project

When Dmitrii Pronin from Dnipro has just got involved in public activity, he got help from mentors who gave advice and lent him a helping hand. That's why he immediately decided to share the experience he gained. He has been a mentor for children from boarding schools for four years now — he's been passing on knowledge, self-confidence, and willingness to help others. Such mentoring is very important for teenagers, as they usually do not receive enough attention.

Dmitrii learned about the mentoring opportunity within the Klitschko Foundation projects when he was a speaker at the Local School of Success in Voznesensk, Mykolaiv region. Shortly after that, he came across an application form for mentors to the School of Success and realized: this was it!

The participant vividly remembers the online meeting with the Foundation's representatives, which was one of the mentors' selection stages.

'I just told the truth about myself. I was sitting in a cafe in Ternopil, my phone had 2% of battery left, so I was worrying that my mobile would shut down in the middle of the conversation. I was speaking loudly — like I was afraid I couldn't be heard well,' he recalls now. But luckily, he was heard — and Dmitrii joined the team of mentors.

Dmitrii smiles when he remembers the moments and people at the project. Actually, he still keeps in touch with many guys he has met there. Team Building exercises helped him to bring people together and improve teamwork. When some issues occurred naturally, the mentor tried to solve them quickly.

Dmitrii follows the Ubuntu philosophy principles, for example, that of an 'open world'. He aspires to build relationships upon trust, so it is quite easy for him to meet new people and make friends. He tried to find common topics to discuss with all participants and learn more about their personalities in such a way.

'My mentoring strategy was to help them without interfering,' — that was Dmitrii's understanding of his main assignment. 'I was always ready to help, but they had to work independently.'

'The School of Success gave me ten new brothers, and together we can change the country. During the project I have realized that everything is possible, because I've seen the guys implementing the first projects in their entire life,' says Dmitrii.

These ten days of the project provided an opportunity for Dmitrii to analyze his own life and think about whether he really does what he wants. He changed his job after the project and became a youth representative at Slobozhanske amalgamated village community. Participants of the School of Success and their local schools in the city and villages inspired him to such a step.





Olena Orel

Participant's mother on how the Local School of Success rallied family

Olena's parents used to always encourage her to achieve outstanding results in studies. At that time, straight A's and diploma with distinction were considered a prerequisite for success in life. Many years have passed since then, and Olena has got her children. After her son Ivan had participated in the School of Success, she started to think more about how the learning approaches and performance self-assessment criteria have changed since her early days.

Olena learned about the Klitschko Foundation's project back in 2017, when her son attended the events as part of the Local School of Success in Myrhorod. All those inspirational speakers, networking, and teamwork inspired him greatly, so he made a decision: as soon as he turns 14, he will definitely organize such a project in his hometown. That was his wish when he blew out the candles on a birthday cake, and he didn't wait long to fill out the application form.

'Participation in the project is not a random lottery prize, it's a result of my son's hard work,' says Olena.

When Ivan came back home from the School of Success, his mother noticed how he had changed — first and foremost, he grew up as a person. Olena supported Ivan's concept for the Local School of Success — youth for youth. Moreover, she added her idea — she organized a three-hour meeting with a psychologist for the parents of the project participants. Parents shared their experiences and discussed issues they face in upbringing their children.

Olena clearly sees a difference in approaches to upbringing back in her childhood and now. School of Success taught my son to think critically and draw conclusions,' she says. 'It is not enough just to teach teenagers theoretical subjects at school. We should also show them how to apply the knowledge of those subjects in real life.'

Olena points out that after the project her son has become less categorical – he doesn't see the world in black and white only. He doesn't speak straight from the shoulder now – instead, he analyzes the facts and thinks straight. The parents treat him as an adult.

The city of Myrhorod has a local annual 'Person of the Year' award. In 2019, it was awarded to Olena's family — in the 'Family of the Year' category. It was a well-deserved honor — there were so many exciting events in their lives in 2019, and the Klitschko Foundation's project was one of them. To celebrate the moment, and look back at all those special events on New Year's Eve, the family decorated the Christmas tree with printed photos. The photos from the School of Success are among them as well.

Volodymyr Kovach

Participant's father on how non-formal education changes generations

Volodymyr's daughter didn't qualify for the School of Success at the first attempt. But the second try was successful — she was selected to the pool of participants, and then she actually got to take part in the program.

'We know everything about Olia and her plans — what she's doing, which projects she applies for. She is always open and shares her thoughts with her parents, but at the same time she's self-reliant. She asked for our advice on how to answer this or that question in the application. Parents' opinion matters to her,' says Volodymyr.

Preparation of the Local School of Success helped Olia and her family master the teamwork skills, learn to communicate with different people, and make arrangements.

'Our daughter tried to cope with everything on her own, but we kept our fingers on the pulse, too, ready to help if something goes wrong. For example, when she forgot something, was running short of time, or had difficulty handling some tasks, we offered our help or advice. Any kind of support is vital here,' says Olia's dad.

Olia has always loved trainings and other learning activities, but she often started too many things at once and easily got distracted. However, after the School of Success her dad has noticed that she became more focused, learned to put important things first and prioritize.

When Volodymyr was young, teenagers had limited opportunities, and there were no such programs for personal skills development. He admitted that he himself didn't choose the university very consciously: he was satisfied with anything he could get.

'Our children have more opportunities now. They have 2 or 3 years to determine whether they like what they're doing or not, while we were brought up with a different viewpoint: once you finish a certain school, you have to pursue one career for the rest of your life.'

In Volodymyr's opinion, the most striking difference between his younger self and his daughter is that Olia is not afraid to make a mistake. She even explains to her parents that there's no need to worry – if it turns out that her choice was wrong and this is not her dream career, she will change it and learn something else. She is more flexible now, has no fear of the future, and is not afraid to move on.

Olia grew up in an atmosphere of love, peace, and harmony. Ever since her childhood the parents told her about the history of their family and the country, and encouraged her to keep in touch with relatives. Volodymyr believes that studying abroad is a useful experience, but it is important to share and apply the knowledge gained here in Ukraine.

Moreover, Volodymyr really enjoyed meeting the parents of other participants of the School of Success.'I've noticed that all parents are so enthusiastic and full of energy. They care about the future of Ukraine and their children. To my mind, such amazing families are the reason we have such active children.'



Zero Waste School

Zero Waste School is a 3-day training for school students, teachers and principals aimed to implement a waste sorting culture at schools and in communities. The participants of the program hold educational events on zero waste approaches in their local communities.

The project's mission is to shape and promote zero waste culture of communities through educational projects.

Our results in 2019:

- 2 years of the project
- 1098 applications from schools received
- 100 schools participated
- 98 local projects were held
- **57360** people took part in the local projects
- **303** tons of waste were recycled

The project was implemented with the financial support of The Coca-Cola Foundation.



Myroslav Bur

Participant on why he decided to become an ecologist after the project

When Myroslav first came across a post about the call for participants to the Zero Waste School, neither he nor his classmates from the specialized school No. 1 of the city of Krolevets, Sumy region, have had much of environmental experience. However, this was not an obstacle for them. Myroslav told a school friend about the event, and together they decided to apply.

As Myroslav recalls now, everyone has been doing their best when filling out the application form. They recorded a video, which was required for submitting the application, where they explained how improper disposal of waste can damage the planet and why it is important for everyone to produce less waste.

'Together we have put in so much effort and passion, so we had no doubts that we would win,' says Myroslav. On the day the results were to be announced, they were updating their emails throughout the whole day — and they made it!

'Three days of the school just flew by like one. What I liked most was the intense schedule, lecturers' knowledge of the subject, their ability to inspire and motivate people'.

Having gained new knowledge on environment and project activities, the Krolevets team returned home. They had an important task — to share their experience with the whole school and implement their environmental project. This time they gave their lectures and told the

elementary school pupils about waste sorting. They even implemented this approach in their school. Moreover, they cleaned up the waste near the city pond together and handed over the collected waste for recycling.

Myroslav is so excited about the changes that Zero Waste School has brought to his life.

First, he got many like-minded friends all over the country. Second, he can't wait to apply the knowledge he learned. Third, he started to believe in himself way more. After the Zero Waste School, Myroslav got a chance to participate in the all-Ukrainian competition for young environmentalists — Ecotime-2019. His original project — online eco game for teens 'Kyiv — 200 years after the technological progress' — took the third place and guaranteed him participation in the international scientific congress in Poland.

He has also changed his daily habits: he has started sorting waste at home and tries to use as little plastic as possible; reads books on environmental science and is always ready to explain to anyone how to manage waste consciously and responsibly; with addition to writing a scientific paper on the impact of waste on the environment.

And finally – he sees himself as an environmental expert after graduation.

'If it's not us, then no one will care about our planet to save it from turning into a giant dump. My mission for the future is to do everything possible to prevent global warming, resource depletion, and soil erosion, and to encourage people to contribute even in small steps.





Vadym Hrabovskyi

Teacher on changes in his hometown after participating in the Zero Waste School project

'The boarding school for children who require long-term treatment in the urban-type settlement of Murovani Kurylivtsi, Vinnytsia region, is located at the heart of the historic region of Podillia: on the premises of a castle built in 1805. Remembering the history of the building, today's pupils of the school care about keeping the area clean. There is a vast park and a river nearby. Pupils clean up the area regularly – environmental education is one of the underlying principles of our school', says the physical education teacher Vadym Hrabovskyi.

Participation in the Zero Waste School became a new stage for the development not only of the school itself, but of the whole local community as well: in the course of the work they realized that changes are possible only with the joint efforts of teachers, students, local deputies and utility providers. Now they sort waste together and, most importantly, create the conditions for it.

While preparing the application to the Zero Waste School, Vadym tried to involve as many people as possible: the head of the settlement, the director of the municipal service, parents from all corners of the region. Together they prepared documents, discussed the idea for the application video clip and filmed it. Finally, their teamwork has paid off — they received confirmation.

The most valuable experience that the team brought from the training in Kyiv was the principle of uniting different people for achieving a common goal.

'Teamwork is useful because everyone can show themselves and bring their own ideas, and make the best decision together. That's why we gladly adopted this practice,' — says Vadym.

The educational activities after the Zero Waste School were also of great importance. Students were distributing leaflets to organizations and enterprises, which explained why protecting the environment should be everyone's responsibility. The local project Zero Waste Day was attended by local experts, school students from the whole town and their parents. After the Zero Waste Day, the children got back to their homes and cleaned up the garbage in their areas.

During the project, separate waste containers manufactured by local public utilities were placed around the settlement at the initiative of the boarding school. Then schoolchildren labeled them with appropriate stickers and information signs. The principal of the school is already taking measures to open the school's in-house sorting station. They've already found a place for it in an old, previously abandoned stable, where they renovated the roof, upgraded the walls, and installed a large metal gate. The activists also plan to make separate compartments for each type of waste by spring. Moreover, people arranged DIY compost pits out of timber near the school canteen. Now the school cooks take the organic waste there, add sawdust, and in the end have the natural fertilizer! By recycling the waste, they collect money for plasma TV for the school.

Vadym is sure — this is only the beginning. 'We have plans to move further,' says the teacher. 'When spring comes, we will get down to work with even more enthusiasm. Children enjoy waste sorting, since they realize it has two main advantages: both helping the environment and meeting school needs.

Vanda Ivasiuk

Principal on how students and teachers of the Berdychiv lyceum found a way to sort waste and collect money from it

Vanda Ivasiuk, the principal of the Berdychiv lyceum No. 15 in the Zhytomyr region, is now a local hero known for advocating proper waste management. The educational institution she heads is famous for its outstanding achievements in waste sorting. The Zero Waste School project has strengthened the aspiration of teachers and lyceum students to make their city clean and green.

It all started back in 2005, when Vanda returned from an education project for high school principals held in Michigan, USA. Principals of secondary education institutions had been learning to write grant applications for a month and a half. Besides the training itself, Vanda noticed the Americans' responsible approach to waste sorting. She was surprised by the sorting containers near the public institutions and the bins in private homes. As soon as she got on the plane home, she knew she would do the same at her school.

School teachers and students were thrilled by this idea and started collecting plastic and waste paper. They managed to raise some money from recyclables: from three to five thousand hryvnias each month. They used the money to arrange a media library in the lyceum, install a radio station and video cameras, and purchase ink for photocopiers and printers. They have also learned to earn money for the school needs in other ways: for example, by selling handmade eco-bags on the local market. Parents and grandparents of schoolchildren are encouraged to take part in the project and receive certificates of appreciation as motivation.

All these achievements, and many others, eventually granted the school team the chance to participate in the Zero Waste School.

Originally, it was the idea of the teaching staff of the foreign languages department. The lyceum is divided into several departments, and, according to the school rules, each department should offer to participate in some educational initiative.

Together with the school students, the teachers started to shoot the video for the application. Despite the long November rains, on one of those gloomy days they went to a local church together to collect the garbage around it and made a short video about the process. Moreover, they spoke about their own achievements in waste sorting — and that's how they became the participants of the Zero Waste School.

Then they were off to Kyiv for a three-day training session, which turned out to be extremely useful. Team Building activities, knowledge check on environmental issues, tips and tricks on proper waste sorting – after that, the team started to apply all those skills in their school.

Moreover, the lyceum has a waste press machine now. All children have a chance to learn using it during the handicraft lessons. The principal is incredibly happy and proud of it:

'We proved to ourselves, first and foremost, that we are a part of Europe. It is nice to realize that our participation has given a boost to the whole city: people have become more responsible for garbage thanks to our educational activity. The city council has installed waste containers around the city. Of course, there's always room for improvement. Commitment to the environment protection is a long-term systematic work, not an ambitious catchphrase. We're trying to make our own contribution to the conservation of nature and natural resources.





Anastasiia Shevchuk

Mentor on how she promotes good work

Nastia, a student from the city of Dubno in the Rivne region, is rather used to being deprived of the right to have her own opinion due to her age. They say: 'You're only 16, forget about it!' Each time she stood up for her rights in conversations with the adults, showing diligence and consistency in her endeavors. However, she kept thinking that her age was the main issue. It wasn't until Nastia became a mentor at the Zero Waste School that her opinion changed.

She has known about the Klitschko Foundation projects for quite a long time. Once she and her sister applied to the School of Success together, but Nastia did not qualify for participation that time. When she succeeded next time, she learned about Zero Waste the School in a participants chat.

Nastia got interested in the opportunity to become a mentor — before that, she only took part in projects as a participant, and never saw what was behind the scene. But what happens before the participants arrive at the location? She wanted to explore the project inside and out, experience all its complexity.

Before the project started, she did not know her future teammates. She felt that making friends with everyone was a challenge at first, but actually, it turned out to be quite easy.

'All mentors are friends. We had a common goal that brought us together. We always stood for each other,' recalls Nastia.

'Communication support is the mentor's primary task,' says Nastia. 'For example, some participants had to wait a long time for check-in on the first day. I am so grateful to my team for their understanding and that they have agreed to wait. And we didn't waste this time — we introduced ourselves, discussed the exams and enrollment procedures, as well as environmental issues.'

Nastia is sure that the participants of the Zero Waste School were able to realize the importance of environmental protection. Her team took the knowledge and 'green' philosophy far beyond the project and began to share the experience with others.

Mentoring has taught Nastia to listen to other people and find approaches to them. She made new friends and realized that she could help others discover their potential. Due to her participation in the project, even the school principals began to listen to her opinion.

Nastia has changed after the Zero Waste School, too: she got a collection of eco bags, designed leaflets with instructions on proper waste sorting, installed separate waste bins at the college. She now has two separate waste bins at home, and Nastia's grandmother helps her by bringing the organic waste to the neighbors for producing fertilizers. They take care of the environment together.

Olesia Zhulynska

Public Relations Director of The Coca-Cola Ukraine on global thinking and local public activity

Our company believes that life without waste is possible, and we are striving to bring it closer. We have several partners in Ukraine that help us implement this global strategy. In particular, The Coca-Cola Foundation provides grants to the Klitschko Foundation to foster a culture of responsible environmentalism and the implementation of youth education projects.

We started our cooperation by promoting an active lifestyle — and this first partnership was surprisingly successful. Then we installed many sports grounds across the country — I think it is a great initiative. Later we focused on other areas of activity. Circumstances and times have changed and required us to respond to new challenges.

One of the criteria for cooperation with the Klitschko Foundation is the responsibility of partners: transparency in finance and reporting. We comply with this requirement thoroughly every year. Therefore, when the Foundation offered to become a partner for the Zero Waste School project, we were happy to support it

The success of the Zero Waste School is evidenced, among other things, by more than 300 tons of recyclables collected throughout the country and 912 sorting containers installed. In 2019, the number of schools from all regions of Ukraine that joined the project reached 100, with students and teachers spreading their knowledge and a responsible waste management culture

further in local communities. Thus, tens of thousands of people all over the country joined the 'green' education.

Creating a new culture and changing attitudes are extremely important. While getting acquainted with the project participants, we noticed that both teachers and schoolchildren were very active. Some of them had more experience, some had less; some lived in a big city, others — in a tiny village. But the main thing is that everyone was absolutely open to do something new: to dance on stage, make presentations, write reports. We created a totally comfortable and safe environment where you can learn without being ashamed not to know something. And this is the most important thing.

The future of humankind is about sustainability and creativity. Therefore, within the Zero Waste School project, we have developed eco-heroes to help schools encourage their students to take on an eco-friendly lifestyle and to learn about the environment.

Environmental protection experts are already in demand – the world requires unique knowledge about the environment. I believe that in the near future the majors in natural science will be as popular and supported as lawyers and economists some time ago. Therefore, it is a great achievement that many Zero Waste School students think of taking degrees in environmental studies in the future.

The Zero Waste School is more than just setting up sorting containers. It is about creating a platform where people can implement their own projects, where ideas and teamwork inspire people for new achievements.



Realms of the Future

Realms of the Future is a 3-day philosophical workshop for teenagers aimed to develop their visionary and critical thinking skills.

The project mission is to form a young people's inclination for non-standard thinking, to spread the idea of value-oriented leadership among teenagers and to motivate them to create a society of the future.

Our results in 2019:

- 2 years of the project
- **257** applications received
- 40 teens took part
- 33 local workshops were held
- 615 teens became participants of the local workshops

The project was implemented in partnership with The Aspen Institute Kyiv.



Yehor Hunia

Participant on how he broadened his horizons thanks to the Realms of the Future

When Yehor, a high school student from Korosten, Zhytomyr region, first heard about the philosophical workshop called the Realms of the Future, he was rather skeptical about it: he thought that it was another event to attend just to put in an appearance. He did not take philosophy seriously — he rather agreed with Internet jokes that it was 'a science of nothing'. He decided to participate without much enthusiasm, but when he was filling out the application form, he began to realize that it'd be an extraordinary experience.

Then he got through and received instructions for preparation: he had to read a list of philosophical works beforehand.

In Kyiv, Yehor met a lot of new people: artists, athletes, cosplayers; they were all different and everyone knew what they wanted. They were his peers. So Yehor thought that previously he didn't consider himself a creative person. However, during the workshop, surrounded by many likeminded people, he realized that he's got talent, too: he enjoys writing, is engaged in graphic design. He just had no one to share his interests with.

As Yehor remembers, intensive days of the workshop flew by in a moment. The participants discussed the works they had read in the form of a dialogue – before expressing an opinion, a

participant should listen to another one and then react to the previous speaker and express their point of view without criticizing the other person. Every morning began with an exercise, and shortly after breakfast, the participants got down to work. Everyone liked the discussions so much that they continued it during coffee breaks, because the time allocated was not enough.

The Realms of the Future gave me an opportunity to communicate with my peers on different life topics, which you cannot usually discuss in everyday life. I have met many peers, so different and yet having so much in common with me in the desire to grow. This atmosphere gives me a strong impetus to develop and realize what I want to do in my life,' says Yehor.

Yehor has discovered a new passion: he is trying to write literary works, joining various challenges for young writers. He shares his work with certain people who share his passion, listens to critical opinions, and works on improvement. He dreams about writing a literary work that would be interesting for children to study during the literature lessons at school.

'Philosophy has given me a way to discover something new and to change my attitude to the world around me. I can't say for sure that I'll make writing my career, because it can always be a hobby. The only thing I know for sure is that, regardless of the choice of career, I want to grow up to be a person who does something good for the country and society; I want to make a difference.'





Olena Kurnytska

Participant on how she learned to listen to others thanks to the Realms of the Future

Olena has many friends who have participated in the Klitschko Foundation projects. Her friends have been telling her for a long time to apply for the programs, too, but her first attempts, unfortunately, failed. She was not selected to participate in the Challenge Academy, and when the School of Success was to take place, she wasn't able to attend it because of vacation. However, she was lucky on the third occasion — and she became a participant of the Realms of the Future project. Olena filled in the application in the last minute, without much difficulty — since she already had experience applying for The Foundation's projects, she knew exactly what to write about herself.

Olena was greatly surprised by the absence of hierarchy during the event.

'It was nice to see the openness of the event organizers. They took into account all our needs. Before the program, I was a little worried that the participants would be treated differently. But all my doubts were gone on the first day already. Speakers and teenagers had lunch together and discussed everything freely,' recalls Olena.

The teammates at the Realms of the Future encouraged her to develop herself. Everyone shared their dreams and ambitions — surrounded by such people, you definitely want to become better, too.

'You might get used to hearing that you're the best from your family. But here, at the project, I've met so many people who really are the best,' she says.

She enjoyed the format of the Realms of the Future, where the participants expressed their opinions and discussed them. So it's no wonder that upon returning home, Olena has missed intelligent conversations and challenges she had during the project.

The most important change for Olena after the program was the fact that she learned to listen to others. She got used to it, because at the Realms of the Future all participants sat in a circle and raised a tablet when they wanted to say something, waiting for their turn to express their thoughts. Later, this skill helped Olena to qualify for the FLEX program.

Her local project was about choosing the right career. She organized it at her own school. The participants of the training talked to a psychologist, performed exercises and tests. Olena conducted the event independently.

'It was not difficult, because last summer my friend and I already organized a two-day festival attended by way more people,' she says. The career guidance project gathered about 40 high school students. The school principal was pleasantly impressed by the training program; and the participants thanked Olena at the end of the event, because everyone heard something useful for themselves regarding the choice of their future career.

Yuliia Tychkivska

Executive Director of The Aspen Institute Kyiv on the must-have skills for today's teenagers, the importance of values and people of the future

The Aspen Institute Kyiv and the Klitschko Foundation have been partners for two years so far. As part of the Aspen Teens program, two institutions are holding a workshop called the Realms of the Future. It helps teenagers to develop critical thinking skills, understand the importance of value-based leadership, and inspires them to create an active environment in their local communities.

Quality interaction and partnership is the key to successful projects. Two years ago, the director of the Foundation, Alina Nosenko, initiated seminars on the Aspen format for teens. Projects of this kind are already happening in different countries of the world. We were intrigued by the proposal — and we decided to launch the first program for teens. That's how the collaboration began.

I am convinced that long-lasting and highquality partnerships between organizations are possible only if they share a common vision, share fundamental values. In our cooperation, it is the desire for positive change in Ukraine, the desire to develop youth, the understanding that working with youth is critical today. Working with teens now, we build Ukraine of the future.

The Realms of the Future is a unique seminar of the Aspen format, based on the principles of liberal arts, at the heart of which is dialogue. Such methods are needed in the modern age, when artificial intelligence and innovation are changing the world every day. They develop critical and creative thinking. Understanding the current challenges and the situation in Ukraine, we are working to develop a culture of dialogue, including among adolescents and educators.

The project prepares conscious and responsible leaders, enabling young people to reflect on their own values and priorities. This is done through a moderated dialogue based on texts — from ancient to modern. Discussing the works, reflecting on their views, the participants get an opportunity to see a wide variety of thoughts, different interpretations of the sort of 'one and the same', train communication skills, including the correct presentation of their ideas and beliefs. This is truly an amazing experience.



Challenge Academy

Challenge Academy is an international educational project for teens aged 14-16 from Ukraine and Germany, who want to learn how to deal with challenges effectively, become ecologically aware and improve leadership skills.

The project mission is to teach teens to be socially minded, think critically, and drive changes in local communities through intercultural exchange.

Our results in 2019:

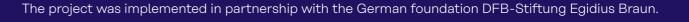
1 year of the project

1539 applications received

21 teens took part

20 local projects organized

400 teens participated in local Challenge Academies





Bohdan Haltsev

Participant on how global thinking helped him introduce changes in his local community

When things go wrong, Bohdan reads over the quote that he wrote down in July 2019 and has always kept to himself since then. It says: 'If you control your mind, you control everything'. These words were said by Wladimir Klitschko during the Challenge Academy project in the educational and sports center in the German city of Malente.

Bohdan Haltsev from Odessa, a proactive and enthusiastic boy, has taken part in such projects more than once. Once, on his way back from another event, Bohdan met a girl who recommended him to apply to the Challenge Academy. Bohdan immediately got interested and submitted the application. That's where his story began.

The first vivid memory Bohdan had at the Challenge Academy was the friendly smiles of his future teammates in Germany. According to the rules of the project, Ukrainian and German teenagers participated in training aiming at developing leadership skills, focusing on the future and developing new environmental habits.

During the Academy, he particularly remembered the instructions of Wladimir Klitschko and his method of solving problems — «F.A.C.E. the Challenge». According to this method, problems have to be solved here and now without putting them off. He clearly remembered Wladimir's recipe for success: focus on the problem, the team to solve it, the plan and its implementation.

'Now I am able to prove my own opinion with confidence,' this is the conclusion Bohdan made for himself after the Challenge Academy.

Bohdan admits that he was afraid and nervous when he prepared his own project: 'At first, I was completely lost thinking of holding a local project in my city. When I received the guidance materials from the Foundation managers, I was stunned — I did not know where to begin. However, after a few days, I calmed down and began to think about how to organize it.'

And the ball started rolling — the local printing office printed a banner and certificates for the participants, the supermarket supplied treats for coffee breaks. The challenge was to invite speakers. Not everyone answered the offer on time, some refused at the last minute. Nevertheless, the participants heard the lectures about the secrets of public speaking, team building, and the choice of the future career.

Bohdan is proud that all 30 registered participants attended the event. Many of them were inspired by his example and began to apply for various educational programs themselves. Peer motivation is one of the main results of participation in the Challenge Academy for Bohdan.

After the project, Bohdan did not cease his activity: he gathered his own team of like-minded people and became the president of the school. It was his initiative to start sorting the waste at school and send it for recycling. The collected money was used to buy microphones for the events and prizes for awarding the winners of the competition.





Svitlana Kukharuk

Participant on how she turned a 'problem' into a 'challenge'

Svitlana Kukharuk from Rivne had quite a long and wild journey to participation in the Klitschko Foundation projects. She got to know about the Foundation from her godmother, who advised her to apply to the School of Success. Svitlana submitted an application, but did not pass the selection.

The second attempt — to take part in a philosophical workshop — was also unsuccessful. Svetlana was already thinking of giving up, but her friend, one of the participants of the School of Success, gave her a T-shirt from the project — and she decided to try again. The Challenge Academy was the last chance for Svitlana, because she would not be eligible for other projects by age. Finally, she got the long-awaited answer: 'You are a participant of the project'.

During the Challenge Academy, one of the most memorable moments for Svitlana was the meeting with Wladimir Klitschko. She took his book 'Challenge Management' with her and waited for an opportunity to come up and ask for his autograph. This was already a challenge for Svitlana, and she successfully coped with it.

'When I returned from the project, I started an evening routine: writing notes about all my activities, emotions and insights for the day,' says

Svitlana.

Svitlana has changed her attitude to problems — now she calls it challenges. She says she likes it better this way. She stopped complaining about the circumstances, and every time she faces a challenge, she tries to prove to herself that she can do anything.

'Nobody but you knows how to live, what you need, what is better for you. You are the director of your own life, you write your own history,' she says.

Svitlana's local project was about environmental protection, zero waste philosophy, UN Sustainable Development Goals, and a healthy lifestyle. Svetlana is convinced that she has reached her goal, because after the event she received messages from people on social networks who thanked her for such an event.

People in Rivne are becoming socially active again,' says Svitlana about her hometown. 'People find each other; graduates of the Foundation's projects visit each other's local projects. There should be more activities helping people fulfill the potential, not just allowing them to communicate. To implement such changes at the community level, we need to involve both adults and authorities.'

Svitlana believes that in everything you do it is necessary to focus not on the goal, but the process, and to enjoy the way to achieving your goal. It is important to concentrate on current affairs and learn to live the moment. Then the result becomes a reward, not an end in itself.

Yulia Sova

Mentor on the underlying role of trust

As a child, Yulia went to a summer camp. She enjoyed the activities so much that since then she has been dreaming to try on a role of an organizer of various projects for young people. And she did it — two years ago she first tried being a mentor at the School of Success. This year, Yulia accidentally came across the ad about the Challenge Academy in Facebook feed. After thinking it out, she submitted her application.

She remembers how nervous she was before the video call with the representatives of the Foundation.

'At first, I was worried about my looks, and I was adjusting my hair all the time... But then I realized that it didn't matter. The most important thing is your inner state, the ability to inspire,' says Yulia.

She managed to convince the representatives of the Foundation that she would cope with all the responsibilities of the mentors, and passed the selection. According to the rules of the project, she had to accompany the teenagers on their trip to Germany, where the training took place. They spent more than 24 hours on the road. She was asking herself: 'Will the children get along with each other?', 'Will they feel well during the trip?', 'Will they feel comfortable mentally?'.

Julia was also worried about getting to know the German participants, because there could be a

language barrier; there are so many children – and they all want different things.

'My doubts vanished upon my arrival. A motivation game helped the children become friends. The training with a psychologist was also useful both for mentors and future participants. We were told about bullying, about the physiology of genders,' says Yulia.

Yulia found her own mentorship strategy. She avoided undue familiarity and didn't try to be friends with everyone; instead, she was a guide, always ready to give a helping hand. 'I realized that I shouldn't be like a 'soccer mom' and be overprotective' says Yulia.

To make children feel at ease, Yulia let herself trust them. To her mind, the most important thing in a mentor's work is to hear everyone, to create an atmosphere of trust, to show children that she is there for them, ready to listen and help.

After the Challenge Academy she maintained friendly relations with many participants: they follow each other on Instagram and comment on one another's stories. Yulia was invited to a local project as a speaker, where she told about her hitchhiking experience.

'It is an incredible feeling — to realize that participants can create their own projects after the program. Children are the drivers of change, they are individuals,' that is how Yulia sums up her impressions from the project.



Jugend debattiert

Jugend debattiert is an international debate competition held in German on such topics as school life, human rights, history, and Europe.

The project mission is to teach students to present their point of view convincingly and support it with arguments.

Our results in 2019:

- 7 years of the project in Ukraine supported by the Foundation
- 42 schools participated in the national competition
- 14 countries participated took part in the international competition



Maryna Dmytryk

The prizewinner of the international youth debates in German on how the solutions are born in the debate

Maryna Dmytryk, a former student of school No. 239 in Kyiv, has been studying German from the 1st year of school spending hours reading textbooks and doing exercises — and in the end, the language of great philosophers and poets became the defining thing in her life.

In 2018, she helped her classmates prepare for international youth debates in German. And a year later she decided to give it a try, too. Step by step, studying new topics, Maryna passed all stages of selection: school contest, Kyiv stage, and then two all-Ukrainian rounds. Eventually, she became one of eight finalists who went to the training in Germany. Then followed the semifinal and the road to the final in Budapest.

The topics discussed by the participants are different, but all of them are relevant and related to modern life and society. For example, Maryna was debating whether or not an additional tax on harmful food or individual restrictions on air travel should be imposed. Regardless of their own beliefs, participants justify the position

randomly assigned to them. Maryna admits that it is easier to defend an opinion similar to her own or regarding which there is a common consensus. However, the point of the debates is different: participants should listen to all arguments, identify controversial points of view, and find all the pros and cons in order to make the best well-judged decision.

The biggest challenge for Maryna was actually going on stage – it was the first time she had to speak in front of so many people. She was worrying, but managed to get herself together.

'The final of the debates in Budapest was broadcast live. My teacher was supporting me there and my parents, relatives, classmates and other teachers were on the TV screen. Still it was important to distance myself and not to think where I was, forget about the audience. Only one thing was on my mind — the debates. I tried to do my best,' says Maryna.

This strategy worked – Maryna took fourth place in the final. Participation in the project changed her: she learned to deliver public speeches with confidence, articulate her thoughts more clearly, gained more knowledge on different topics, found new friends from different countries.





Vita Tymchenko

The manager of the project on the debating skills as a prerequisite for democracy

Democracy needs people who ask critical questions, express their points of view while listening to the opinions of others, and who are able to conduct a debate objectively and meaningfully. These are the basic civic competencies promoted by the Jugend debattiert project, which is currently the only international German-language debate competition for students from Central, Eastern and South-Eastern Europe.

International youth debates develop the skills of young people to present their views in German being their foreign language, with persuasion skills and knowledge of the subject. The project reinforces the role of debates as a means of democratic rhetoric and supports active language learning in Europe.

'The participants debate in German on topics like daily school life, the foundations of law and human rights, history and Europe. In the debates, students learn to speak out and to present their arguments clearly. They also elaborate their point of view and explain it, listen attentively and answer questions, learn to solve disputes with words.'

Ukrainian participants have been among the finalists for several years in a row:

During the XII International Final Debates held in Bratislava dedicated to the topic 'Should television and radio channels be better protected from government influence?' Yarema-Luka Yeleiko from Lviv managed to convince the opponents through a great speech and won the international final. Yana Bits from Ivano-Frankivsk won the XI International Finals in 2017, and Maryna Dmytryk and Adrian Stognii represented Ukraine at the 2019 International Finals in Budapest.

The international finals are the culmination of the entire project year. A total of 24 winners of the national competitions, who took first and second places in 12 countries (Belarus, Bulgaria, Czech Republic, Estonia, Hungary, Latvia, Lithuania, Poland, Russia, Slovakia, Slovenia, and Ukraine) came to Bratislava for the final week to discuss political and social issues and attend joint meetings for the debates and in everyday life.

'The youth debates open various opportunities! By practicing discussion skills, students can develop many skills that will be useful in school and everyday life. The exchange of opinions develops personalities, and bringing young people from different countries together promotes international understanding.'

Internship

Internship is a 3-month program aiming to provide students of 2-4 years of study with their first working experience.

The project mission is to give young people an opportunity to experience all stages of future employment: from the interview to references needed to get the first job. The internship also helps students make a conscious choice of their future career. Such programs promote the idea of internships for students in Ukraine.

Our results in 2019:

- 5 years of the project
- **1417** applications received
- 37 students became interns
- 33 interns completed their projects



Diana Mukha

Intern on how Internship 9.0 made her believe in the magical power of communication

Diana has dreamed of becoming a journalist since the 7th grade. However, after the Euromaidan in Ukraine she has changed her mind — she wanted to be able to influence the processes in the country, so she chose the major in Political Science. In a little while, Internship 9.0 would make her realize that her true passion was project management.

Now Diana is 20 and has experienced the internship at the Klitschko Foundation. She has heard a lot about the Foundation before: its initiatives and values appealed to her. But she did not believe till the last that she would become a part of the organization and would be selected for the internship. Soon she received a response: 'You are our future intern.'

For three months in the Foundation, the girl was engaged in project management. In particular, she assisted with the implementation of the Success Packages project: collected the materials for the participants' guide, chose questions for the application form and searched for speakers to deliver lectures.

'I had enough freedom,' recalls Diana. 'I was free to create and suggest my own ideas, because the project was just beginning. There were a lot of tasks, and very little time. The deadlines were tight, but it wasn't exhausting. The internship was more of a challenge for me.'

Diana had to take on a lot of responsibility. She made sure that each task assigned to her was handled in the best possible way. She felt that, though she was an intern, the Foundation trusted her, so she tried to meet their expectations.

The most difficult thing was to delegate — she was worried whether other colleagues would perform everything properly and on time. But the deeper she plunged into her work, the more she understood that teamwork gives better results. Other trainees helped her, and other colleagues in the Foundation supported her. Therefore, communication and planning became Diana's favorite parts of the working process. She enjoyed carefully planning all steps of such a large project and its structure.

'Communication is powerful. It works miracles. The Foundation has helped me believe that I can do a lot on my own and in a team. We all can do more than we imagine,' that's how Diana sums up her internship experience.

Diana got used to taking responsibility, accepting challenges and changes in life, instead of waiting for them to pass; learned to be open to opportunities. In the future, Diana wants to start her own business and include the social responsibility: to establish educational centers in the regions, where Diana would give lectures to teenagers and young people from villages and small towns about opportunities for development.





Valerii Yaroshchuk

Intern on the community of like-minded people, post-project challenges and the global power of networking

Valerii Yaroshchuk from Khmelnytskyi, a secondyear student majoring in Economics, sees his life divided into two periods: before and after the summer of 2017. That year, he became a participant of the School of Success, and the experience he gained there influenced his entire life. Although he was rather active even before the project (judo lessons, wrestling, reading books and excellent grades at school), he became interested in non-formal education and social initiatives exactly after his first Foundation's project.

Then he decided to act and seek new challenges. The School of Success was followed by new projects: participation in the Realms of the Future workshop, mentorship at the Zero Waste School. And when he turned 18 and became eligible for the internship program, he submitted the application without hesitation. During the internship, he managed to do a lot and discover new sides of himself.

Valerii helped to process and structure information for the Zero Waste School project. Together with other interns, he also prepared meetings of graduates of the Foundation's projects in Kyiv. They had another challenging task from the director of the Foundation Alina Nosenko: to implement a pilot project on transparency and accountability of funds — for

public organizations and charitable foundations being a part of an amalgamated community.

A series of training sessions for interns organized by the Foundation helped Valerii understand the workflow better and taught him to overcome procrastination and meet deadlines. Even though Valerii already had leadership experience before the project, he redefined the essence of leadership for himself after the internship.

'Leadership is not only about guiding people and being the first,' says Valerii. 'The leader knows how to put together and organize a team, knows what and how to delegate, and assumes the responsibility.'

During the internship, he got what he lacked at home before: a community of like-minded people, who proved that their own dreams are worth fighting for and lead by example.

Valerii has found a new dream himself — the internship made him realize that he was very much into project management. He enjoyed writing project materials, calculating cost estimates, drafting a schedule, inviting speakers — such activities are perfect for an intern. Moreover, he discovered the power of networking.

'The power of networking is global — it helps us find new projects or jobs,' says Valerii. 'The best advice that I can give to all future interns is to get to know everyone. These are the musthave skills in today's life — to be open to people, establish relationships and work in a team.'



Success Packages

Success Packages is a 3-day workshop for physical education teachers. The project aims to share the methods of effective physical education with teachers and help to motivate students to follow active lifestyles and do sports both at school and after classes.

The project mission is to encourage students to attend physical education classes by way of teachers' training and providing schools with modern sports equipment.

Our results in 2019:

- 7 years of the project
- 1280 applications received
- 360 participants took part in the project
- 348 local projects were held
- 360 packages of sports equipment were sent

The project was implemented with the financial support of the UEFA Foundation.



Ihor Soroka

Teacher on how he encourages his students to be active

Ihor learned about the project from social networks. He applied expecting to meet likeminded people from different parts of Ukraine and learn something new. And, of course, the 'success package' with sports equipment has become an additional motivation — there's never enough equipment for his classes.

Most of all, Ihor liked Yurii Zhuravskyi's lecture on nutrition and the amount of sugar in people's lives. He was also impressed by the talks of psychologists. The teacher admitted that he lacked practical exercises during the project, because the lectures were mostly theoretical, but gaining knowledge is also important.

The project helped Ihor to boost his energy and distract himself from his usual routine. So when he returned to Ivano-Frankivsk, he immediately started to organize local projects.

Each participant had to conduct two events: a theoretical and a practical one. Ihor gathered other students from his school and shared the

ideas he learned during the project with them: the importance of healthy eating and bullying, etc.

Ihor held a sports festival in his neighborhood. He invited junior school students and students from other educational institutions. The kids played football during the event, and participated in quizzes and competed in relay races during the breaks. At the end of the sports festival, the most active participants were awarded with prizes. For this, Ihor found two sponsors.

His colleague, also a physical education teacher, helped him organize the sports festival. It was not difficult for them to hold the event, because Ihor organized a school futsal tournament before, so he already had some experience:

'The kids liked the event because they love sports,' says Ihor. 'Physical activity is very important, especially for junior school students.'

This year Ihor Soroka was the only participant of the Success Packages program in his city. He hopes that more teachers will join in 2020: his own example is the best motivation.





Svitlana Repalo

Teacher on how the Success Packages opened new opportunities for her

Svitlana learned about the Foundation when her daughter took part in the School of Success. She heard many positive impressions about the Klitschko Foundation back then. She decided: why not apply to one of the Foundation's projects?

Everyone liked the idea – and they made it.

Svitlana especially remembered the warm and friendly atmosphere of meeting new people during the project: other physical education teachers from different regions, mentors. She and her colleagues were interested in the lectures of psychologists, talks about gender equality, bullying, the importance of good nutrition, etc.

'It is extremely nice to realize that you're surrounded by fellow thinkers. We had many common topics to discuss, and shared the news. Taking part in this project is an invaluable experience for me,' says Svitlana.

The teacher then organized educational games with the students and gave lectures on the topics that were discussed during the Success Packages project. To Svitlana's excitement, the students liked the event.

'All kids had fun, after the lecture they suggested their own ideas. The event was attended by students of 5th and 9th grades, and what is interesting — the age didn't matter, everyone played together. Moreover, they liked the 'success package' itself, because they lacked good sports equipment. The equipment for lessons is of great importance, because the lessons are more productive if there's enough equipment.

Svitlana also gave a lecture for teachers at her school, where she spoke about project management and gender policy. She also invited her daughter to deliver a speech — after taking part in the School of Success, she became a mentor at the Zero Waste School. She shared her knowledge of how to care about the environment and reduce waste at home.

Svitlana also told about the Success Packages opportunity at the meeting of the local teachers' association: she shared information about the project and, in particular, how to apply for it.

'You have to grasp all available opportunities,' says Svitlana about the experience gained thanks to the Success Packages. 'I used to miss or neglect the chances that life gave me, but now I always say yes.'

Start to Success

Start to Success is a program for the reconstruction and support of youth sports schools across Ukraine.

The project's mission is to create an enabling environment where young people can do sports and fulfill their potential.

Our results in 2019:

We purchased a wrestling rug for the Brovary High School of Physical Education and financially supported the participation of the institution's students in sports competitions throughout the year.

Developed technical documentation and design concept for the project of construction of WBC sports-boxing complex in Mariupol.



Dmytro Kryzhanivskyi

Manager of the Klitschko Foundation

The Start to Success project aims to open up sports for young people from all over Ukraine as a tool for achieving life success. Nobody is born with victories — they are acquired through great efforts. It is important in what conditions children start their journey to victory.

In its projects, the Foundation guarantees sports in comfortable conditions and under the supervision of experienced coaches. We give young people the opportunity to train and fight for their sports dreams — participating in European, World Championships or Olympic Games. Each renovated school, sports equipment provided, educational lectures and trainings create an environment in which young people can train systematically, develop harmoniously and confidently achieve victories.



Yurii Yaskal

Deputy Principal of the Brovary Higher School of Physical Education

For our institution, 2019 was marked by effective cooperation with the Klitschko Foundation. In 2019 the support of the boxing department was continued – a new wrestling rug was purchased.

Throughout the year, BHSPE hosted a British volunteer, George Fletcher, who provided English language training for school students.

Cooperation with sponsors, NGOs, and foundations is an alternative to government aid that may not always be enough to meet all needs of the institution. Thanks to such support, our students have the necessary conditions for development and achievement of peaks: they become masters of sports, join the national teams of Ukraine and win both in Ukrainian and international competitions. That is why we highly appreciate the support from non-governmental organizations in fulfilling the dreams of athletes studying at Brovary Higher School of Physical Education.



Study Visit for Grassroots Trainers

Study Visit for Grassroots Trainers is an international educational program for coaches and physical education teachers. Eight partner organizations from Europe conduct their own 5-day training sessions, which will help to develop professional skills, provide the opportunity to share experiences with colleagues, and create a network of contacts to spread ideas and knowledge.

Our results in 2019:

- 1 year of the project
- 4 day training on Sport and Social Responsibility was held in Gennef, Germany
- 3 participants from Ukraine participated in the training

The project was implemented with the financial support of the Erasmus +.



Vasyl Teremta

Manager of the Klitschko Foundation

We always value partnerships — they allow us to create powerful projects, share experiences, and empower the participants. We are excited to take part in such an initiative, because we work with experienced partners — each organization has its own focus, and thus we can create a comprehensive project that will encompass many visions and ideas. It is great that we are all united by a common goal — to raise important issues in the field of sports and to suggest ways to solve them. In our training, we will focus on sports for teens and children and present the ways to work with young people and to inspire them to be the leaders and make changes around them



Rafal Nokon

Co-organizer from Poland, Representative of Towarzystwo Sportowe Iron Man

Towarzystwo Sportowe Iron Man is a nonprofit organisation working in the area of training, economic and social research, specialized in the fields of sport and youth. We develop a network between sports organizations and conduct training. We are focused on sport, as it involves not only competition, but also the opportunity to bring people together and share values. Through sport, it is possible not only to develop physically, but also to learn to work in a team, to improve concentration and attention, to learn languages, to support and inspire each other. Sport is a common ground for building the future. We share the values of the Foundation and are happy to work together because we work in a similar direction promoting sports among young people and helping teachers and parents to motivate



OKHMATDYT-Lviv project

OKHMATDYT-Lviv is a project aimed at modernizing the medical equipment for the sterilization room.

The project mission: Every Ukrainian has the right to proper quality medicine, so our goal is to establish conditions to reduce the risk of infection. If children and adults are healthy, they will certainly find the strength and inspiration to achieve success and change our society.

Our results in 2019:

We have been helping OKHMATDYT-Lviv since 2017

8 units of medical equipment were transferred to the balance of the medical facility.



Yuliia Pekar

Manager of the Klitschko Foundation

The health of young people is the key to the country's future welfare. That is why the Klitschko Foundation joined the initiative to provide aid to Ukrainian hospitals, because for us it is important that young people have access to proper medical care. We believe that the equipment provided as part of the project will reduce the number of patients in the long term. When the children are healthy, they will certainly find strength and inspiration to achieve success and become the driving force of society.



Mykhailo Ivaniv

Deputy Chief Physician of Lviv Regional Clinical Hospital for Children 'OKHMATDYT'

Most hospitals in Ukraine require consistent funding for repair work and replacement of obsolete equipment. Moreover, in those healthcare facilities where complex surgeries are performed, modern means of sterilization is a top priority. Therefore, cooperation with NGOs, charitable foundations and private investors is an integral part of our work at the hospital. Such cooperation helps us expand our services range and reduce patients' hospitalization time — children get well faster if they receive high-quality treatment.





Cooperation with EVS

European Voluntary Service is the European Commission's project that allows young people to work as a volunteer in another country. In 2019, thanks to the cooperation of the European Voluntary Service and the Klitschko Foundation, a volunteer from the United Kingdom George Fletcher joined the Foundation's team for a year.

Our mission is to promote volunteering activities in Ukraine and to share experiences.

Our results in 2019:

2 rounds of English speaking club Voice in Action have been implemented

16 students from Kyiv became members of Voice in Action Club

The volunteer took part in the implementation of the School of Success, the Zero Waste School and the Success Packages projects.

English language classes and trainings were held for the students of Brovary Higher School of Physical Education.



George Fletcher

Volunteer on changing the lives of Ukrainian teenagers

I was born and raised in Birmingham, UK. When I was 14, I got my first volunteering experience at a youth club in my hometown. I worked with young people from my community as a youth leader.

Later, I went on to volunteer in three different countries and Ukraine was a unique experience for me.

One of my tasks in Ukraine was the mentoring of teenagers as part of the School of Success project. We practiced networking and had hours of discussions in English. Every day was a new cultural experience. I don't remember a single day without a smile or a sense of happiness about being there.

It might sound strange to Ukrainians, but I've never seen such patriotic young people anywhere else in the world. They work hard, and yet they want to stay in their native country to make it better and develop themselves. I was inspired by the fact that they see their future in Ukraine.

However, one of the main challenges faced by Ukrainian teenagers is a lack of self-confidence when it comes to international projects. Some people can become self-conscious when they have to communicate in English — and this is what I tried to address.

Some people think that volunteering is like a holiday trip to Sri Lanka: photos with an elephant, and so on. Perhaps it is true for some people, but it is actually very different. To show people what volunteering really is like, I implemented my own project called the Voice in Action as part of my volunteering activities at the Klitschko Foundation. It is a four-week program for students who want to become more socially active. It started with simple conversations in English, and then we moved on to more practical skills. For example, how to create a CV, write a cover letter according to international standards and how to pass an interview. The results prove that the Voice in Action was useful – for example, one girl has already received confirmation about her internship at the UN, and some more people are awaiting a response.

This very project and the entirety of the School of Success are my best memories from Ukraine. I feel as though I have helped the young people to be more confident and better understand the world they live in, and this makes me incredibly happy.

Volunteering is a job that matters, though it doesn't give you financial rewards. But it gives you much more — joy. By changing others, little by little, you are changing the world — and the world is changing you.



KF-Hub

KF-Hub is a communication platform for the Foundation's community sharing common values.

It serves as the environment for the development of mentors, volunteers, and emerging non-government organizations that learn by participating in training and workshops.

The project mission is to unite the foundation's community, create conditions for implementing initiatives and developing the professional skills of community members.

Our results in 2019:

2 years of the project

more than 50 speakers involved

more than 50 events were held during the year

more than 200 participants took part



Olena Berdnikova

Trainer on the critical skills for success in the 21st century

Olena is a real ambassador of the Klitschko Foundation. With many years of experience coaching in different areas (leadership, change management, enterprise life cycle, etc.), she gladly shares her knowledge with boys and girls who participate in the Foundation's projects. In particular, she has been delivering training on emotional intelligence and project management for them for many years. In return, she derives inspiration from teenagers and students, their enthusiasm and genuine interest in the world:

'In the first place, we share common values: the development of young people, their active citizenship, the desire to change and change the world. My colleagues from the Foundation and I are on the same page.

The Foundation's projects have great relevance for society and social changes. They focus on the development of a personality: a proactive and concerned person, who is ready to build a better world. It is impossible to implement reforms if people are not ready to initiate, support and enforce them. Change is above all about people's willingness to be open, to expand the range of

their skills and abilities to influence others.

The participants of the Klitschko Foundation's project that I have met always have so much energy and hundreds of cool ideas. Their enthusiasm is impressive, and it helps me in working with adult audiences as well. I often give examples of questions young people ask adults to demonstrate their reasoning and critical thinking skills. Those questions sometimes make adults think for a while.

In my opinion, the potential of young people is tremendous. The main thing is their inner readiness. However, they also need a basis, that is skills and knowledge, and the development of emotional intelligence is necessary for motivation on the way to achieving the goal.

Critical thinking, creativity, communication and teamwork — these are the skills that will dominate in the 21st century. This is directly related to the level of emotional intelligence, management and cooperation in the projects. The world is changing greatly and very quickly, and these changes are unpredictable. That's why emotional intelligence is crucial: it gives the resilience to change, helps to make and manage decisions. Besides, it is important for project management, too, since it is about achieving goals as a team through effective cooperation and communication. Advanced emotional intelligence also boosts optimism and creativity.





UAH

All projects – 15 371 210.40







Let's keep in touch!

- facebook.com/klitschkofoundation
- instagram.com/klitschkofoundation
- youtube.com/klitschkofund
- twitter.com/klitschkofund

www.klitschkofoundation.org

